



Growing Our Future Podcast – Episode 9 Lesson Plan

<p>Lesson Title: “They Saved Me ... I Wanted to Help”</p>	
<p>TEKs: (c) Knowledge and skills.</p> <p>(5) The student analyzes the structure of agriculture, food, and natural resources leadership in organizations. The student is expected to:</p> <ul style="list-style-type: none"> (A) develop and demonstrate leadership skills and collaborate with others to accomplish organizational goals and objectives; (B) develop and demonstrate personal growth skills and collaborate with others to accomplish organizational goals and objectives; <p>(6) The student demonstrates appropriate personal and communication skills. The student is expected to:</p> <ul style="list-style-type: none"> (A) demonstrate written and oral communication skills appropriate for formal and informal situations such as prepared and extemporaneous presentations; and (B) demonstrate effective listening skills appropriate for formal and informal situations. <p>(7) The student applies appropriate research methods to agriculture, food, and natural resources topics. The student is expected to:</p> <ul style="list-style-type: none"> (A) discuss major research and developments in the fields of agriculture, food, and natural resources; (B) use a variety of resources for research and development; <p><i>Note. TEKs taken from the Principles of Agriculture, Food, and Natural Resources Course. However, similar TEKs can be found within any of the AFNR courses.</i></p>	
Terminal Performance Objective:	Enabling Objectives:
Through class instruction and the evaluation of the Growing Our Future podcast episode, students will create a presentation highlighting a charity or non-profit organization they would like to support, according to the criteria outlined in the assignment.	<ol style="list-style-type: none"> 1. Identify the giving and gratitude. 2. Explore the various ways people can give selflessly. 3. Express gratitude for someone else. 4. Develop a presentation identifying philanthropic giving.
Vocabulary:	Bell Work:
<ul style="list-style-type: none"> • Adversity - difficulties; misfortune. • Charity - an organization set up to provide help and raise money for those in need. • Effective Altruism - A philosophical and social movement that draws on empirical evidence and reason to determine how to benefit as many people as possible. • Giving - is providing love or other forms of support; emotional caring. • Gratitude - is strongly and consistently associated with greater happiness and joy. Gratitude helps people feel more positive 	<p><i>Answer the following series of questions to the best of your ability:</i></p> <ol style="list-style-type: none"> 1. What was the first gift you ever gave? Who did you give it to? Why did you give it that person? Answers will vary. 2. Does it feel better to give a gift or to receive a gift? Explain why you chose what you chose. Answers will vary. 3. Are all gifts tangible or physical gifts? Explain your thoughts.

emotions, relish good experiences, improve their health, deal with adversity, and build strong relationships.

- **Measurable Goals** - identify exactly what it is you will see, hear, and feel when you reach your goal. It means breaking your goal down into measurable elements.
- **Mission Statement** – is a descriptive explanation of a company’s values, morals, and ethics. It commonly consists of a few sentences making one short paragraph explaining the 'how' and 'why' of a business.
- **Monetary** - relating to money or currency.
- **Philanthropy** - is defined as the desire to promote the welfare of others, expressed mainly by the generous donation of money to good causes.
- **Private Foundation** - An independent legal entity established exclusively for charitable purposes.
- **Private Operating Foundation** - Any private foundation that spends at least 85 percent of its adjusted net income directly on its tax-exempt cause.
- **Selfless Giving** - the conscious, intentional approach to giving allows us to do things for others and our community that not only help and make a contribution, but also force us to push the boundaries of our comfort zone – thus experiencing a twinge of discomfort ourselves.
- **Strategic Giving** - giving guided by an overarching strategy to make a specific impact.
- **Talent** - there are people in our communities who have professional insights and expertise that have value if shared with the FFA. Recognize the sharing of their skill in helping your chapter excel.
- **Tangible** – an item you can physically touch.
- **Testimony** - some people have recognized voices in a community or through social media outlets. Having them promote and share a positive FFA testimony has value to our public image and development efforts.
- **Time** - some people may not have resources or extensive insights to share, but they are willing to volunteer their time to help with a project or

Answers will vary.

4. Can gratitude be a gift?

Answer will vary.

Give them a few minutes to answer the questions and then review the answers together as a class.

<p>activity. Their time has value, and it is being given to the FFA.</p> <ul style="list-style-type: none"> • Treasure - some people are blessed with financial resources and are more than willing to share. Monetary gifts are always appreciated and help meet operational and project expenses. • Venture Philanthropy – a mode of giving that takes concepts and techniques from the worlds of venture capital and business management and applies them to philanthropic efforts. • Vet - make a careful and critical examination of (something). • Vision Statement – describes what a company desires to achieve in the long-run, generally in a time frame of five to ten years, or sometimes even longer. It depicts a vision of what the company will look like in the future and sets a defined direction for the planning and execution of corporate-level strategies. 	
--	--

Preparation

Instructor Notes	Activity Notes
<p>Pick an area of the classroom you can gather the students on the floor for a reading circle. Set up the area much like they might set up a reading area in elementary school. You can even bring in blankets, pillows, and snacks for the students to have during the reading of the story.</p> <p>Ask the students: <i>“What is the dictionary definition of ‘giving’?”</i></p> <p>Allow time to look up the answer, and then explain, <i>“According to Oxford Languages, giving is providing love or other forms of support; emotional caring. Now, why is giving an important part of our lives?”</i></p> <p>Allow time for responses, and then explain, <i>“Giving is a showing of your gratitude towards someone else. It can be a physical / tangible display of thank you or an emotional display. Why does showing gratitude feel good?”</i></p> <p>Allow time for responses, and then explain, <i>“Gratitude is strongly and consistently associated with greater happiness and joy. Gratitude helps</i></p>	<p>Following bellwork, gather the class at the set-up reading circle.</p>

people feel more positive emotions, relish good experiences, improve their health, deal with adversity, and build strong relationships.”

Tell the class, *“Today, we are going to listen to the story of ‘The Giving Tree’ by Shel Silverstein. Please listen closely to the story, because there will be a series of questions at the end.”*

The instructor can show the video linked here or read the physical book if they have it already purchased. You may be able to find it in the library as well. Here you have multiple copies of the book, you can group students up and allow them to take turns reading the story out loud.

Ask the class, *“Why do you believe the author wrote this story?”*

Allow time for responses, and then explain, *“I believe the author wrote the story because he wanted to explain the importance of selfless giving. What is selfless giving?”*

Allow time for responses, and then explain, *“Selfless giving is the conscious, intentional approach to giving allowing us to do things for others and our community that not only help and make a contribution, but also force us to push the boundaries of our comfort zone – thus experiencing a twinge of discomfort ourselves.”*

Ask the class, *“Can you think of a time you gave selflessly?”*

Allow time for responses, and then ask, *“How does our relationships with other change when we give selflessly? Think about the relationship between the boy and the tree. How did it change over time?”*

Allow time for responses, and then explain, *“Now that we have identify the Oxford definition of giving and pointed out examples of giving in our own lives, I want you to each write your own definition of giving on an index card.”*

***The Giving Tree* by Shel Silverstein:**

<https://www.youtube.com/watch?v=XFQZfeHg9wo>

Pass out one index card to each student. Ask the students to write their own personal definition of giving on the index card.

<p>Tell the class, <i>“Once you have your definition written, select one person in the room to share your definition with. Then put your index card in a safe place where it can be accessed year after year. Place it in a location that will remind you of the importance of giving.”</i></p>	<p>Ask students to do a “Think-pair-share” activity by sharing their definition of giving with someone else in class. Then have each student place their index card in a location where they can access it as a reminder. Example: purse, wallet, cover of a binder, back of the cell phone, etc.</p>
<p>Presentation</p>	
<p>Instructor Notes</p>	<p>Activity Notes</p>
<p>Tell the class, <i>“Today, we are going to hear from a young lady who isn’t much different than each of you. Madeline Barber, an FFA officer from Boerne, Texas, is a well-rounded student and successful member of her school’s chapter. However, Barber has an unbelievable testimony to share with us.</i></p> <p><i>Listen closely to this podcast episode because there will be a series of questions at the end.”</i></p> <p>Following the podcast video, ask the following series of questions to the class. The students who answer them correctly can get a treat (snack, candy, etc.).</p> <ul style="list-style-type: none"> • How do you pronounce the FFA Chapter Madeline is from? • What officer position does she hope to run for in the upcoming year? • What type of livestock animal did Madeline show? • What organization did Madeline want to raise money for? • How much money did Madeline raise for her charity? • Why was this charity so important to Madeline? 	<p>Have students watch the Episode 9 of the Growing Our Future Podcast.</p> <ul style="list-style-type: none"> • https://www.youtube.com/watch?v=dTUebab0ec&t=33s <p>Pass out a treat to the students who answer the questions correctly.</p>
<p>Application</p>	
<p>Instructor Notes</p>	<p>Activity Notes</p>
<p>Tell the class, <i>“We each have someone in our lives we can say ‘thank you’ to. For your assignment today, I want each of you to think about a person or people in your life you would like to thank.”</i></p> <p>Read the “Attitude of Gratitude” handout to the class.</p>	<p>Introduce the Attitude of Gratitude assignment to the class by passing out the associated handout.</p>

Evaluation / Summary

Instructor Notes

Tell the class, *“For your final assignment, your group is going to learn more about charitable giving or as the business world would say ‘philanthropic giving’.*

Tell the class, *“In this booklet you are going to find information about philanthropic endeavors, how money gets spent in the nonprofit ecosystem, tips for pursuing your own giving goals, and other exclusive content.*

For your assignment, your group is going to create a presentation identifying a charity or non-profit organization you would like to support, such as St. Jude’s who Madeline supported.

In order to complete the project successfully, you will need to provide the follow information in your presentation:

- Provide a brief history of philanthropy
- Explain the four ways you can give.
- Complete Assignment #1 “What do you support?” in the “Cultivating Gratitude” booklet.
- Complete Assignment #2 “What your giving goals?” in the “Cultivating Gratitude” booklet.
- Complete Assignment #3 “Get to know your charity” in the “Cultivating Gratitude” booklet.
- Identify the category of charity or non-profit organization you chose to support:
 - Venture Philanthropy
 - Private Operating Foundation
 - Private Foundation
 - Strategic Giving
 - Effective Altruism
- Identify 10 facts about the “hidden work of charities” you didn’t know before.

Tell the class, *“You will have two class periods to complete the assignment. Afterwards, your group will present their presentation to the class. Your group will be graded based upon the criteria listed on the assignment handout.”*

Activity Notes

Break the class up into groups of two to three students per group.

Pass out the “Cultivating Gratitude – The Guide to Giving” booklet to each group.

Pass out the “Cultivating Gratitude” assignment. The assignment will be a major grade. Students should be given two class periods to complete the assignment.



Growing Our Future Podcast – Episode 9 The “Attitude of Gratitude” Assignment



The Attitude of Gratitude project is designed to engage FFA members, agriscience teachers, administrators, sponsors, and Texas FFA supporters in showcasing their gratitude for each other through monthly email and social media shoutouts.

The Texas FFA Foundation is incredibly GRATEFUL for the individuals who serve and advocate for the Texas FFA, Agriculture Science Education, and the Agriculture Industry.

Do you know someone who is a tremendous advocate for agriculture, FFA, and Ag Science Education? We'd like to help YOU show the incredible servant leaders in your life some Gratitude.

Directions: Fill out the link below to give a shoutout to the special individuals in your life!
Form Link: <https://forms.gle/w1EuSw7PbW4nN8G2A>

Form Instructions:

- 1.) Type in the link above.
- 2.) Fill out the form, nominating your servant leader for a shout out via email.
- 3.) Check the box to agree or deny a shout out on social media.
- 4.) Click Submit & DONE!



Growing Our Future Podcast – Episode 9 The “Cultivating Gratitude” Assignment

Directions: To complete the project successfully, you will need to provide the follow information in your presentation. You will have two class periods to complete the assignment. Afterwards, your group will present your presentation to the class. Your group will be graded based upon the criteria listed below:

- Provide a brief history of philanthropy = **10 Points**
- Explain the four ways you can give = **10 Points**
- Complete Assignment #1 “What do you support?” in the “Cultivating Gratitude” booklet = **20 Points**
- Complete Assignment #2 “What are your giving goals?” in the “Cultivating Gratitude” booklet = **20 Points**
- Complete Assignment #3 “Get to know your charity” in the “Cultivating Gratitude” booklet. = **20 Points**
- Identify the category of charity or non-profit organization you chose to support = **10 Points**
 - Venture Philanthropy
 - Private Operating Foundation
 - Private Foundation
 - Strategic Giving
 - Effective Altruism
- Identify 10 facts about the “hidden work of charities” you didn’t know before = **10 Points**